

DISCOVER THE WORLD OF PANTERRA



Christine Amala Hayes
presents:

**Expedition to the Gray Whale
Birthing Lagoon of San Ignacio, Baja**

7 Day Expedition - February 4 - 10, 2011
San Ignacio Lagoon, Baja California Sur, Mexico

**AN
ALL INCLUSIVE
EXPEDITION**



Expedition Brochure
August 19, 2010



THE MYSTERIOUS JOURNEY OF THE GRAY WHALE

There are places on this earth that have left footsteps in time. Times of celebration and prosperity; yet in a single breath of change, times of greed, disregard and actions of endangerment (whaling).

The Pacific gray whales have experienced this realm throughout human existence on earth. The forgiveness of the gray whales has been expressed through the kinship and friendship they teach their young during our time with them in their birthing lagoons.

For the journey of the whales and humans, it is not about humans watching whales, it is about the whales watching the humans and, in a moment of capturing our attention, sharing with us a great lesson in wisdom and knowledge. A knowledge we, as individuals, can only experience from and within ourselves. That moment in time that changes our lives forever.



Lela R. Sankeralli - founder of Panterra ECTS.

They say the eye is the gateway to the soul... it is!

"The most beautiful thing we can experience is the mysterious" - Albert Einstein

CHRISTINE AMALA - YOUR SPIRITUAL GUIDE



Christine Amala Hayes is a gifted psychic-channel and healer, she works with the Mother Whales and connects deeply with these beautiful creatures. Her Mother Whale Codes, a beautifully created set of mandala's that work with the chakra column during guided meditation and combined with her Whale toning have become her signature and many know her as simply as "The Whale Lady".

The Mother Whale Codes were created by Christine Amala during her one year program of study with the GAIA Sacred Mystery School held in New Zealand. The codes when used in meditation are deceptively simple, yet powerful beyond words bringing about change in profoundly subtle spiritual ways. They help us to create a clear and grounded column of light that connects us to both Heaven and Earth, allowing for clear communication to be received from the higher sources.

Christine Amala loves to work spontaneously and in the moment and is often known to just stop and channel a message for you right there and then. The focus of our visit to the "Pools of Creation", San Ignacio Lagoon, Mexico, will be connecting deeply with the water spirits and the Whales, working with the principles of Dr. Emoto that what we offer to the water here will be a blessing for all water on Earth. The week will be full of moments and memories, you will certainly not go home the same.

All of those who have journeyed with Christine on other adventures comment on how they have been changed forever by the experiences that they have had. Watch what others have said @ <http://www.christinehayes.net/video-feedback-of-trip>. Known for her clarity, compassion and caring, Christine Amala uses her balanced outlook, counseling and channelling skills to guide clients in this highly competitive world. Former Director of Hong Kong's premier Holistic & Spiritual Center, "The New Age Shop" Christine Amala created a strong community and thriving business that continues today and which she continues to serve as a regular visitor. She is a visiting practitioner at the Luxurious Sixth Sense Destination Spa, Phuket, Thailand. She is a co-host on popular bi-monthly radio program Truth-Walk. Christine Amala has become a World Traveller, building her own client base in South Africa, Canada, USA, Hong Kong, Thailand, New Zealand, Australia and her homeland the UK. www.truth-talk.com

TRIP INFORMATION

Itinerary:

Day 1: Getting There

- Your day will start with the 6:30 am departure of your Alaska Airlines flight from Vancouver to Loreto, MX.
- Once you have landed in Loreto you will be greeted by the Panterra staff and driven across the Peninsula to the town of San Ignacio where we will spend the night at one of the local lodgings.

Day 2: Arriving at San Ignacio Lagoon

- After breakfast, we will depart for the lagoon arriving in time for a beautiful fresh seafood lunch.
- Once settled into our rustic, charming eco-accommodations we will head out into the lagoon for our first encounter with the gray whales.
- A "Whale Toning Ceremony" will be held.
- Enjoy late afternoon drinks followed by dinner.
- Then, imagine your first night ... the sounds of breathing whales and howling coyotes, the feel of the salt air breeze and enveloped by the stars with the Milky Way lit up like never seen before.
- This ends your first full day in Mexico.

Day 3 - 5: In the Company of the Great Whales

- For the next three days you will be lost in the spiritual energy of the whales, mangroves, beaches and the amazing animal life in this environment. With all of this in place it sets the stage for Christine to guide and advise as the group shares their profound experiences with each other.

Day 6: The Start of the Journey Home

- After breakfast we will head out into the lagoon for the last encounter with the whales.
- Upon return we will pack our gear, have lunch and sadly depart the Lagoon for the town of San Ignacio.
- The night will be spent in one of the local lodgings.

Day 7: Heading Home

- After breakfast we will head for Loreto taking time along the way to shop and sightsee.
- Your flight departs at 2:45 pm with one stop in Los Angeles arriving Vancouver at 8:55 pm.

Air and Ground Transportation:

Your air carrier is Alaska Airlines and you will be flying from Vancouver, BC, Canada to Loreto, Mexico via Los Angeles on both your outbound and inbound flights. If you are traveling with a non Canadian or non US passport please check with your consulate to insure you have the necessary paperwork for entry into Canada, US (transit only) and Mexico.

Inflight services such as food and alcohol beverages have to be paid by credit card or debit card as the airline does not accept cash. Your first check in bag is free of charge, however there will be a \$40.00 US charge for a second check in bag. Tickets will be sent to you in the form of an Electronic Ticket 30 days prior to departure.



A friendly encounter with two young gray whales.



White Ibis and Curlews feeding in the mangrove.



A lone coyote scavenges along the shoreline.

Air and Ground Transportation continued:

We highly recommend that participants purchase trip cancellation insurance, in the event of unexpected cancellations. We also recommend that you have adequate medical Insurance to cover any unforeseen situations that may arise.

The ground transportation is by 4 wheel drive and will be arranged by Panterra.

*** Please Note:** Early booking is advised as airline tickets must be confirmed by Oct. 1, 2010. Flights into Loreto are very limited and may be more expensive, or not available to you, should you book late.

The Eco-Camp:

The eco-camp accommodations is rustic, charming and clean. The camp accommodates 12 guests in 5 Cabanas with dbl occupancy of 2 single beds and trpl occupancy with 1 double bed and 1 single bed, shared accommodations. Bedding, linens and blankets are supplied.

The camp has been designed with minimal impact on the environment but keeps in mind, the need for creature comforts.

There is a main building that the group will meet for meals, drinks, and get togethers. There is also a library encompassed by a few comfy chairs to relax in.

The chefs create fresh gourmet food which includes seafood from the lagoon, fruits and vegetables from the local farmers and chicken.

Most dietary needs can be met with advanced notice.

Composting toilets and overhead showers (solar showers) ensure that you'll feel appropriately Baja without harm to the environment.

The pangas (boats) used for whale encounters are 22' with a max. capacity of 8 passengers, however, 6 passengers are preferred to maximize comfort for the passengers and ease of accessing the whales. Each panga is equipped with all the safety equipment required by the Port Captain.



Climate:

The weather in the Baja is unpredictable. However, one might expect the following weather patterns during your stay. Often, one awakes to a northwest wind up to 25 knots (about 25 mph), which calms down substantially by 10:30/11:00 am to a sustained mild blow from the southwest of 10 knots from 1:30/2:00 pm. As afternoon and evening approach the winds dominate from the northwest again and this wind often is left to blow out the campfires and make you feel like retreating to your wind proof cabin.

Given this wind pattern, we will be visiting the whales by panga between 10:00 am (departure for first whale watching experience) and 2:30/3:00 pm (return from double-tour experience). Air temperatures in February range from 85F during the day to 50F during the evening (great sleeping weather). You'll want to be wearing shorts and a sunhat, with appropriate sun screen during the day, and a fleece or sweat-shirt at night to ward off the chill, allowing you to enjoy the evenings.

Given the extremes of temperature one encounters, a layered wardrobe is highly recommended, with very light apparel available for the hot days and heavier sweaters, sweatshirts, and warm pants available in the evenings and at night.

The Panterra Support Staff:

While this trip is under the leadership of Christine Amala Hayes the Panterra staff, Lela Sankeralli and Stasia Ferbey, bring to the expedition a science based educational component with 30 years of combined experience in teaching marine sciences, natural history and astronomy in the Baja.

Working with Christine, as a team, will allow us the opportunity to offer the group an impressive realm of experiences and knowledge.

Panterra's involvement in the expedition is that of logistics over-seeing the operational aspect of the trip allowing Christine to be free to work with the group.



Expedition Includes (all inclusive):

- Roundtrip air from Vancouver, BC, Canada to Loreto, Mexico
- Ground transportation while in Mexico
- All meals (with the exception of lunch Day 7), accommodations and tourism fees

Expedition DOES NOT Include:

- Service provider gratuities
- Medical/Travel Cancellation/Interruption Insurance
- Items of a personal nature

Expedition Cost:

- **\$2895.00** CAD per person
- Expedition open to: 12 participants

Reservations and Payments:

Payments can be made by credit card through

Pay Pal at www.panterra.com.

or by money order and mailed to:

Panterra

306 - 40 Parkridge View SE

Calgary, Alberta , Canada T2J 7G6

Deposit - In order to reserve a space on the expedition a \$395.00 deposit is required

Second payment - of \$900.00 is due by Nov.1, 2010

Final payment - of \$1600.00 is due by Jan.1, 2011

Cancellation and Refund Policy:

If you must cancel your trip the refund policy is as follows:

Prior to 30 days, if a replacement reservation is found a full refund less \$150.00 administrative fee. If a replacement reservation is not found the full amount paid is retained.

30 days or less, the trip fee is non-refundable. **Panterra** is not responsible for any additional costs that may arise from a trip alteration or delay, caused by circumstances beyond our control.

Medical Forms and Liability Release:

Each participant is required to complete the "Participant Information Form" which covers medical information and release of liability. This form must be submitted with the initial deposit. This form can be obtained from the Panterra website www.panterra.com. Go to "Adventure Travel With a Purpose", towards the bottom of the page click on "Participant Information Form".

Participant Responsibilities:

Although no experience is required on our trips, as with any adventure there is always an element of risk. We ask that you welcome adventure with an open mind and be able to have fun and embrace the unexpected. We are dedicated to providing safe, environmentally sensitive and well organized trips.

While our trips are not considered to be strenuous or physically demanding and we do not require a high level of fitness, good general physical condition is necessary. We do not require any previous experience, however it may be beneficial in some situations that may arise. If you have any physical limitations or concerns, please contact us.



A calf playing with it's mom.



One of many beautiful Baja sunsets.

For more information on the expedition please contact:
christineamala@truth-talk.com Website: <http://truth-talk.com>
or Lela Sankeralli at 1 -800-665-6639 (403-225-8327 - Calgary, Alberta)